

# Online Group Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
	Poetry and Reading Group Via Zoom 11:00am	Relapse Prevention Group Via Zoom 12:30pm		Bridge Quiz In House and Via Zoom 12:45pm

**PLEASE BE AWARE that only Bridge members can access Bridge activities. This includes Zoom groups.**

These activities can be accessed by selecting the titles.

All Zoom groups are included in this timetable, any other groups that may exist are not ran by or affiliated with Bridge. **For security and confidentiality reasons, there is a requirement that cameras must be turned on throughout any zoom session.**

